



**Henderson County Local Government**  
Public Information Office  
[www.hendersoncountync.org](http://www.hendersoncountync.org)

Contact: Kathryn Finotti, PIO  
(828) 694-5003 (O)  
(828) 989-4737 (C)  
[pio@hendersoncountync.org](mailto:pio@hendersoncountync.org)

---

**FOR IMMEDIATE RELEASE**

## Henderson County Public Library Hosts Community Health Fair

**HC-2017-42**

**Hendersonville, NC – September 28, 2017**

On Friday, October 13, 2017 from 2:00 – 4:00 p.m., the main branch of the Henderson County Public Library will host a community health fair. Representatives from area agencies will be on hand to discuss physical, mental, and behavioral health care needs and concerns. Agencies attending include YMCA Healthy Aging Initiatives, Park Ridge Health, Henderson County Department of Health, Vaya Health, Thrive, Family Preservation Services, and the Henderson County Department of Social Services. Information topics will include healthy aging, exercise, nutrition, and mental health.

At 3:00 p.m., Amy McCall from the Department of Public Health will present a Kid Fit program of fun nutritional exercises for children.

For more information contact Marcie Dowling, Marketing and Digital Strategy Librarian, at 828-697-4725 x. 2320 or [mdowling@henderson.lib.nc.us](mailto:mdowling@henderson.lib.nc.us).

###



Please like “Henderson County, NC Government” on Facebook.