

Help Control Mosquitoes in Henderson County



Don't Let Mosquitoes Bug You!

Not all mosquitoes are the same. Different mosquitoes spread different viruses and bite at different times of the day. People can become infected with a mosquito-transmitted disease after being bitten by an infected mosquito. In Henderson County, West Nile Virus and LaCrosse encephalitis are the most frequent mosquito-transmitted diseases. Spraying is only one strategy for controlling mosquitoes and is probably **the least effective** means of protecting you and your family mosquito-borne diseases.

1 Tip and Toss

Eliminate standing water in and around your home. Once a week, empty and scrub, turn over, cover, or throw out items that hold water, such as tires, buckets, planters, toys, pools, birdbaths, flowerpots, or trash containers. Check inside and outside your home.

2 Prevent Bites

Use an Environmental Protection Agency (EPA)-registered insect repellent with one of the following active ingredients. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breastfeeding women.

- Always follow the instructions on the product label.
- Apply sunscreen first and insect repellent second.
- Do not spray repellent on skin under clothing.
- Reapply repellent every few hours, depending on product's strength.
- Consider treating items such as boots, pants, socks, and tents with permethrin or purchase permethrin-treated clothing and gear. Do not use permethrin products directly on skin.

If you have a baby or child, use extra care.

- Do not use insect repellent on babies younger than 2 months of age.
- Do not apply insect repellent onto a child's hands, eyes, mouth, and cut or irritated skin. Adults: Spray insect repellent onto your hands and then apply to a child's face.
- Do not use products containing oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD) on children under 3 years of age.
- Dress your child in clothing that covers arms and legs.
- Cover crib, stroller, and baby carrier with mosquito netting.

Active Ingredients	Brand Examples
Higher percentages of active ingredient provide longer protection.	The use of commercial names is to provide information about products. We do not recommend or endorse any name products.
DEET	Off!, Cutter, Sawyer, Ultrathon
Picaridin, also known as KBR 3023 , Bayrepel , and icaridin	Cutter Advanced, Skin So Soft Bug Guard Plus,
Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)	Repel
IR3535	Skin So Soft Bug Guard Plus Expedition, SkinSmart

Questions? Please contact Environmental Health at (828) 692-4228

Department of Public Health
www.hendersoncountync.org/health



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3 Keep Them Out

Use screens on windows and doors. Repair holes in screens to keep mosquitoes outside. **Use air conditioning** when available.