

## Coffee & Ice Cream Shops

Black Bear Coffee Co.	692-6333
The Café	694-0904
Encouraging Cup	684-2871
Etowah Coffee Shop	891-7220
Flat Rock Coffee	693-1608
Kilwin's	698-9894
Krispy Kreme	697-9686
The Living Room	692-6335
Marble Slab Creamery	697-0480
Mojo's Coffee	891-4156
Oasis Coffee Shop	693-0225
TCBY	693-0925
The Ugly Mug	693-9999



Henderson County  
Department of Public Health  
1200 Spartanburg Highway, Suite 100  
Hendersonville, NC 28792  
[www.hendersoncountync.org/health](http://www.hendersoncountync.org/health)  
828.692.4223

# Smokefree Dining in Henderson County



*A Guide to Smokefree  
Restaurants*

April 2009

## SECONDHAND SMOKE

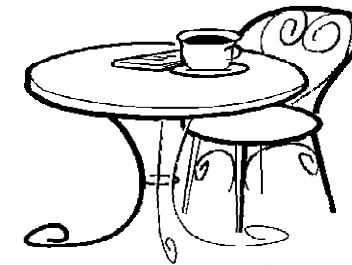
Secondhand smoke, also known as environmental tobacco smoke (ETS), is the 3rd leading cause of preventable death in the United States, causing approximately 3,400 lung cancer deaths and 46,000 heart disease deaths in adult *nonsmokers* each year.

Secondhand smoke has been designated as a *known human carcinogen* (cancer-causing agent). It contains over 4,000 chemicals, 50 of which are known to cause cancer. Breathing this environmental tobacco smoke can have immediate adverse health effects, and is especially dangerous to children. Evidence shows that there is no risk-free level of exposure to secondhand smoke.

This list of smokefree restaurants has been provided to help reduce your exposure to secondhand smoke. It is our hope that as awareness of the dangers of ETS increases, the current list of smokefree restaurants will continue to grow.

Henderson County Department of Public Health would like to commend these smokefree restaurants for helping to provide a healthy environment to its patrons and employees.

Please express *your* thanks to the restaurant managers during your next visit.



## SMOKEFREE DINING

### Quick Service

Arby's—Fletcher	654-9034
Arby's—4 Seasons	697-6237
Bojangles	692-4514
Bojangles—Naples	654-0441
Chick-Fil-A	693-8080
Chong Wah Express	692-4437
Hardee's—Asheville Hwy	692-3280
Hardee's—Fletcher	687-0555
Hardee's—4 Seasons	697-8881
Hot Dog World	697-0374
Jack in the Box	697-0390
Kentucky Fried Chicken	697-6288
Little Ceasar's	692-6122
Long John Silver	693-3474
McDonald's—Fletcher	654-0031
McDonald's—4 Seasons	697-6493
McDonald's—Upward Rd	692-4411
McDonald's—US 176	697-1672
McDonald's—Walmart	692-7881
Quiznos	692-8333
Sam's Club Café	698-6889
Subway—Asheville Hwy	696-8553
Subway—Fletcher	654-0999
Subway—4 Seasons	696-9266
Subway—Horse Shoe	891-4811
Subway—Mills River	891-2355
Subway—Upward Rd	698-4909
Subway—US 176	697-9199
Taco Bell	697-2029
Wendy's -Four Seasons	697-0095
Wendy's	693-5935

### Casual Dining

Alykat Deli	697-0311
Applebee's	692-3006
Asaka	698-7073
Atlanta Bread Co.	692-7553
Back Room—Flat Rock Wine Shoppe	697-6828
Bay Breeze	697-7106
Beef O'Bradys	694-1110
Beijing Restaurant	693-3710
Bella Regina	693-4300
Bistro 502	697-5350
Blue Mountain Café	693-0505
Blue Sky Café	684-1247
Blue Water Seafood Co.	697-0503
Britt's at South Main	692-5354
Caboose Station	692-2211
Café on the Veranda	692-0393
Champa Sushi & Thai	696-9800
China Dynasty	890-5535
China Garden	698-0880
China Grill	698-0031
Ci Ci's Pizza	697-4460
Circle B Ranch BBQ	687-2323
Cocula 3	694-1178
Cypress Cellar	698-1005
Daddy D's Suber Soulfood	215-3353
Dean's Market & Deli	692-5770
Dixie Diner	697-5025
Dock's Downtown	693-0121
Don Taco	683-0642
Dutch Cupboard	891-9050
Etowah Golf Grill	891-9050
Etowah Golf Restaurant	891-9050

Fatz Café	696-9965
Fireside Restaurant	697-1004
Flat Rock Village Bakery	693-1313
Fletcher House	651-8112
Golden Corral	693-6445
Great American Dog	697-2266
Grove Street Café	693-1222
Haus Heidelberg	693-8227
Honey Baked Ham	698-8300
J & S Cafeteria	684-3418
J's Barbeque	768-8156
Julie's Subs	884-4718
Kathleen's Tea Room	651-4763
Kelsey's	693-6688
Main Street Café	692-2202
Masato Japanese Steakhouse	651-8888
Mean Mr. Mustard	698-8584
Mezzaluna	697-6575
Mike's on Main Street	698-1616
Mr. Gatti's	697-0222
Mona Lisa	696-7858
Monte's Sub Shop	693-3112
Negozio's Deli	692-0380
Never Blue	693-4646
New China Garden	692-8087
Old World Pizza	685-3500
One Love Jamaican	698-8661
Outback	692-1109
Pampered Palate	696-0828
Papas & Beer	692-9915
Patron	692-2025
Patty Cakes	691-8240
Peddler Steak House	693-7999
Picasso's	694-0907

Pizza Hut—Spartanburg Hwy	692-2804
Pizza Hut- Four Seasons	693-4188
Pizza Inn	697-6465
Plaza Restaurant	684-0433
Poplar Lodge	693-8400
Rock N Pizza	692-5866
Sam's BBQ Shak	595-3295
South Rock Grill	698-2490
Square One Pizza	698-5598
Stoners Kitchen	890-8300
Thai Spice	693-7323
Three Chopt	692-0228
Tooley's Café	693-1373
Two Guys Pizza & Ribs	693-6755
Umi Restaurant	698-8048
Upper Crust Bread Co.	684-4912
Villa Roma	890-5833
Vue Wine Bar	698-7282
West First	693-1080
Zaxby's—Flat Rock	697-7277
Zaxby's	693-4566

### Fine Dining

Cummings Cove	891-3035
Flight	694-1030
Inn on Church Street	693-3258
Kenmure	697-9999
La Riserva	692-6636
Leaves at Copper Crest	692-2544
Orchard at Broadmoor	687-8561
Seasons at Highland Lake Inn	696-9094
Sinbad	696-2039

Continued on reverse...